

SPG Therapy & Education Professional Development Program

OT and PT Trainings

2023-2024

SPG Therapy & Education is happy to collaborate with local SELPAs and LEAs in the provision of professional development activities for staff. Trainings/In-services are presented by our OT and PT Clinical Supervisors or by nationally recognized speakers in the field. The following is a list of topics that are available for presentation at a district or SELPA specified location or via live remote webinar. The number of complimentary presentations is based on the number of full-time SPG staff contracted by the district. We encourage you to take advantage of this supplemental service program.

	Tier 1 (1-3 SPG Staff)	Tier 2 (4-9 SPG Staff)	Tier 3 (10+ SPG Staff)
Complimentary Presentation – (SPG Speakers only)	1 presentation/yr.	Up to 2 presentations/yr.	Up to 3 presentations/yr.
External Speakers	SPG will be responsible for 25% of fee	SPG will be responsible for 25% of fee	SPG will be responsible for 50% of fee
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- SPG requires four weeks prior notice for training requests presented by internal SPG speakers.
- Trainings must be confirmed two weeks in advance.
- All in-person presentations will include travel costs. Virtual presentations do not include travel costs.

**** External Speaker-** At least two-month notice is required to allow time for external speakers to make travel reservations, etc. Additional travel costs may apply to the total speaking fee. Cancellations of external speakers are subject to a 50% cancellation fee. Thank you for your understanding.

To view the most updated trainings or to make a request, visit our website at www.spgtherapy.com and click on Professional Development. Contact PD@SPGOTHERAPY.COM for questions and/or additional information.

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Professional Development Program Guide

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Table of Contents

OT and PT Trainings

AT Equipment and Adaptations for Success in the Classroom	3
Teletherapy Tools and Approach for OT and PT	3
Transfers, Transitions, and Positioning - Safe Practices: Save your Back for School Staff	3
Understanding OT, PT and APE in the Schools	3
Virtual Assessments and Evaluations for PT and OT	3

AT Equipment and Adaptations for Success in the Classroom

Presented by SPG OT and PT Clinical Supervisors (1 hr.)

Audience – DIS Providers, Educational Staff, University Audiences

Functional positioning, seating, and adaptive devices can improve postural control, deformity management, pressure/ postural management, comfort, and postural accommodation to maximize mobility and access. These modifications are essential in aiding people with disabilities in purposeful movements, such as transitioning from one place to another to participate in daily activities. Participants will become familiar with how to address mobility, Assistive Technology, positioning and the use of various devices to increase functional independence activities of daily living.

Teletherapy Tools and Approach for OT and PT

Presented by SPG OT and PT Clinical Supervisors (1 hr.)

Audience – OTs, PTs, Teletherapy Paraprofessionals, University Audiences

Attendees will learn creative ways to use common items found in the home to increase engagement in teletherapy sessions, as well as assist parents with “thinking outside the box” using items that are not considered conventional therapy tools. The goal is to provide fun and meaningful ideas to therapists and e- facilitators to target skill building using a non-conventional path.

Transfers, Transitions, and Positioning - Safe Practices: Save your Back for School Staff

Presented by SPG OT and PT Clinical Supervisors (1 hr. or 2 hrs.)

Audience – DIS Providers, Educational Staff, District Administrators, University Audiences

Attendees will become proficient in proper body mechanics, which promotes safe lifting and transferring of students and decreases stress on assistants’ bodies. With back injuries at work accounting for 20-36% of all work-related injuries, this is important and very preventable! This presentation includes active participation with demonstration and practice to enhance learning, so dress with movement in mind.

Understanding OT, PT and APE in the Schools

*** Presented by SPG OT and PT Clinical Supervisors and Special Education Attorney (1 hr. or 2 hrs.)*

Audience – DIS Providers, Educational Staff, District Administrators, University Audiences

Understanding how OTs, PTs and Adaptive Physical Educations (APE) teachers are similar, yet have vast differences, can allow the education staff, district administrators, and DIS providers a clear path to meeting students’ needs more efficiently. Attendees will build knowledge around how to differentiate and best utilize physical therapists, occupational therapists, and the APE teacher. This allows for a more robust collaborative process in finding the best path to meet the needs of each student and support the staff and IEP process.

Virtual Assessments and Evaluations for PT and OT

Presented by SPG OT and PT Clinical Supervisors (1 hr.)

Audience – OTs, PTs, Graduate Students

Participants will become familiar with virtual considerations to account for in the virtual testing realm and how to effectively choose suitable virtual assessments for PT and OT to gain the most useful and valid information. Factors that will be addressed during the presentation include:

- Technological considerations/HIPAA compliant platform
- Environmental considerations/E-facilitator
- Prepping for a testing/evaluation session
- Questionnaires and effective observation strategies

For OT/ PT Certificated Staff: SPG Therapy & Education PT and OT professional development opportunities are provided by highly skilled Licensed OTs and PTs in the state of California. At this time, courses are not pre-approved for CEUs. Please refer to your professional board for options for obtaining CE.