



# THERAPIST TOOL KIT

## MOVEMENT TOOLS

- Jump rope
- Scooter board
- Balloons
- Wiggle cushion
- Theraband
- Yoga cards
- Bean bags
- Balls
  - Playground, Beach, Tennis balls
  - Therapy ball, Peanut ball
  - Gertie ball, Zoom ball
  - Weighted ball
- Lycra tunnel
- Stepping Stones
- Wedge Disk
- Balance Beam/Balance Board
- Spots/Footprints/handprints
- Velcro items
- Carpet squares
- Stomp rocket
- Music Apps/Musical toy
- Chalk
- Containers
- Weights
- Weighted stuffed animals
- Scarves/ neckties
- Suction cup balls
- Beanie Babies/stuffed animals
- Bowling pins/cones/water bottles

## MOTIVATIONAL TOOLS

- Bubbles
- Stickers
- Squirt bottle
- Books
- Stamps
- Music/Songs

## SENSORY BUCKET

- Material – silk, burlap, corduroy, fur, velvet...
- Scrubbies
- Soft brushes
- Mylar
- Sand paper
- Rubber glove
- Theraband
- Bubble wrap
- Squish toys
- Rattles/shakers
- Textured animals
- Rain stick
- Fairy wand
- Feathers
- Feather duster
- Pom pom
- Clickers
- Pull tube
- Teethers
- PVC tube filled with and capped- beans, rice, sand, noodles, rocks, glitter, gel etc...
- Scrubbies
- Soft brushes
- Textured balls
- Velcro

## ACCESSORIES

- Rolling cart
- Painter's tape
- Duct Tape
- Measuring tape
- Velcro (hook and loop)
- Boxes (all shapes and sizes)
- Laundry basket
- Post its
- Timer



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## GAMES

- Puzzles
- Shape sorter
- Legos
- Lite Brite
- Perfection
- Bed Bugs
- Operation
- Mancala
- Dominoes
- Triominoes
- Hi Ho Cherry O
- Twister
- Tricky Tree
- Rush Hour
- Connect 4
- Deck of cards
- Simon says
- I Spy
- Red light/Green light
- Feed the Woozle
- Hoot Owl Hoot

## WRITING TOOLS

- Short pencils
- Crayons/chalk (break them in half to promote better grasp)
- Small chalkboard
- Markers/highlighters
- Dry erase board and markers
- Vibrating Pen
- Pencil grips
- Erasers
- Regular ruled paper
- Kindergarten ruled paper (3-lines)
- Sheet protectors (turn any worksheet into a reusable worksheet)

## HAND TOOLS

- Scissors
- Vibrating Pen
- Glue sticks
- Rubberbands
- Clothespins
- "Feed me" tennis ball
- Tweezers/Tongs
- Pegs and pegboard
- Beads
- Lacing string
- Pipe cleaners
- Pompom balls
- Magnets
- Marbles
- Pennies
- Legos
- Pop beads
- Pull/pop tubes
- Wikki Sticks
- Popsicle sticks
- Toothpicks
- Q-tips
- Bubbles
- Stickers
- Puzzles
- Squirt bottle
- Punch balloons
- Zoom Ball

## TABLE TOP ACTIVITIES

- Coloring pages
- 3" binder to use as a slant board
- Construction, Tissue, Scratch paper
- Writing tools
- Puzzles
- Magnets
- Dressing boards (zipper, buttons, snaps)
- Place items in different containers (screw top, pop top, Ziploc, etc..)