

Kindness Cards

Children sometimes need practice being kind, especially if examples are not evident in their lives. Give them simple scenarios they can act out or play a kindness game using these Kindness Cards. Three sample cards are provided. Use the Blank cards to come up with your own.

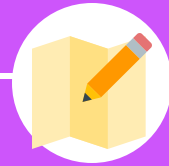
Compliment
Someone



Help Cook
Dinner



Write a Note of
Gratitude to
Someone



Ideas: Write notes to your neighbors offering words of encouragement. Call family members. Help feed your pets. Clean the dishes.